



Witbank House of Prayer

**21 Days
Daniel
Fast**

30 Sept - 20 Oct

**Guidelines are taken from IHOPKC
Daniel Fast Guide**

**We invite you
to join us during this
time of fasting
in any of the
Corporate hours in
the Prayer Room**

**Tuesdays: 6-8am; noon-2pm
Wednesdays: noon-2pm; 7-9pm
Thursdays: 10am-noon; 2-4pm
Fridays: 6-10am**

**If you cannot join during
Corporate hours, we invite you
to take some time out of your
day to spend in the Prayer Room
at any other time from
Tuesdays to Fridays.
Find the hours at
www.witbankhop.co.za**

c/o Watermeyer & Steve Bantu Biko

Introduction

When:

The Daniel Fast starts on Monday (September 30) at 12:01am & ends on Sunday (October 20) at the 6pm Fellowship.

We encourage all to spend long hours in the prayer room and to join all the Sunday Evening Fellowships at 6pm during the Fast period.

Who:

We invite anyone who desires to join us, regardless what city you live in.

Why:

For personal encounter with Jesus; to pray for Arise 2019, that God will prepare our hearts for what He wants to do and that many will register and not miss out on what God wants to impart in our nation; to pray for greater breakthrough with our families, cities, and nations; to remember God's promises (individual and corporate); and to reset our hearts in intimacy with Jesus.


What:

We encouraged all to spend more time in prayer and study of the Word.

Consider reading Daniel in its chronological order to enhance understanding. Chronological order (the sequence of historical events and spiritual encounters) of Daniel: Daniel 1-4, 7-8, 5, 9, 6, 10-12

How:

Fast food according to the Daniel fast, and fast media and entertainment. Set aside as many regular meetings (ministry, social, leadership, etc.) as possible for 21 days to be before the Lord.

The background is a light-colored, marbled surface with veins of beige, cream, and light brown. Overlaid on this is the text 'The Purposes of this Fast' in a bold, purple, sans-serif font. A solid purple vertical line runs down the right side of the text, starting from the top of the word 'The' and ending at the bottom of the word 'Fast'.

The Purposes of this Fast

PURPOSE 1

To personally encounter the Lord.

As He does His work in us, He works more through us. We are fasting to personally encounter God and His love and for a renewal in our spiritual life.

“I set my face toward the Lord God...by prayer...” (Dan. 9:3)

“You set your heart...to humble yourself before your God...” (Dan. 10:12)

A. Confess and renounce our compromises and recommit our life to fully obey Jesus.

“I was speaking, praying, and confessing my sin...” (Dan. 9:20)

“Repent...that times of refreshing may come from God’s presence...” (Acts 3:19)

B. Receive insight into God’s love—Daniel gained understanding that he was beloved.

He said to me, “O Daniel, man greatly beloved, understand the words that I speak to you” ... 18Then again...19he said, “O man greatly beloved, fear not!” (Dan. 10:11, 19)

PURPOSE 2

To pray for ARISE 2019

A. To look through God's eyes and to ask

“Lord, we want to see what You see!”

B. To intercede for each person who has to be at Arise. Pray...

- Than all hinderances will be removed trying to prevent people to register
- For finances to be released for each person who wants to register and to cover all the expenses.
- For each person's heart to be ready and prepared for what the Lord wants to impart in his/her heart.
- For Wesley and Stacey Campbell for their preparation and that no sickness will try to prevent them from coming.
- For the outpouring of the Holy Spirit at the Prophetic School and the Weekend Conference.
- For Bloemfontein's Conference.

PURPOSE 3

To pray for a breakthrough for our families, churches, and nation.

Many of the principles employed in praying for a breakthrough for Jerusalem can be applied in praying for others.

1. Angels are released through prayer with fasting for personal and national issues.

“Your words were heard; and I have come because of your words.” (Dan. 10:12)

“At the beginning of your supplications the command went out, and I have come...” (Dan. 9:23)

2. We are crying out for a greater release of power for healing, and to see God’s power break in upon our families and upon national and international crises.

“This kind does not go out except by prayer and fasting.” (Mt. 17:21)

PURPOSE 4

To remember our corporate and individual prophetic history.

Daniel was reading the scrolls of Jeremiah in Daniel 9 when the Spirit of God revealed to him that the 70-year period of captivity in Babylon was nearly finished. Commentators consider that the events of Daniel 9 took place in the 67th year of Judah's captivity in Babylon. Daniel's response to prophetic timing was to seek the Lord with an increased intentionality through prayer and fasting.

1. It is important for God's people to remember the promises God has made in order to inspire and empower faith and hope.

“In the first year of Darius the son of Ahasuerus, of the lineage of the Medes, who was made king over the realm of the Chaldeans— 2 in the first year of his reign I, Daniel, understood by the books the number of the years [timing] specified by the word of the Lord through Jeremiah the prophet, that He would accomplish seventy years in the desolations of Jerusalem.

3 Then I set my face [gave my attention – NASB] toward the Lord God to make request by prayer and

supplications, with fasting, sackcloth, and ashes.” (Dan. 9:1-3)

2. Daniel was a student of the Word of God and the prophetic seasons of his people.

“...the sons of Issachar who had understanding of the times, to know what Israel ought to do...” (1 Chron. 12:32)

3. Often we imagine that the promises of the Lord will simply happen because someone prophesied they would. There is a temptation to sit back and passively wait. This is the wrong mindset. In reality, the prophetic messages are given so that the people of God don't sit back passively in the delay, but rather, actively engage with all faith and hope.

PURPOSE 5

To seek greater understanding of God's heart and end-time plan.

The four visions in Daniel give insight into God's plan for Israel and for transitioning the earth to the age to come.

“O Daniel, I have now come forth to give you skill to understand.” (Dan. 9:22)

*Daniel 9:3*

Then I set my face toward the Lord God to make request by prayer and supplications, with fasting, sackcloth, and ashes.

3 Week Prayer Plan

Week # 1

“I remember...” –Daniel 9

In Daniel 9 we see that Daniel remembers by the leading of the Spirit that the time of Judah's captivity was almost over. His concern, as expressed through his prayer of Dan. 9:3-19 was two-fold. Will God keep his promise of releasing the people from captivity; [2] even though very little has changed in the hearts of the people?

Often as we seek the Lord's face in a more consecrated way with fasting, we remember two things. We remember the Lord's promises, and we remember our sins that constantly accuse us and therefore tell us God cannot release his promises.

RESPONSE

Take this week to remember your story before God in prayer and with others.

- 1. Remember your salvation story.**
- 2. Remember the demonstration of God's grace and his acts in your life (healings, miraculous provisions, friendships, revelations, etc).**
- 3. Confess the negative memories, sins, fears, etc. to the Lord and with others who you consider close friends.**
- 4. Repent of the sins revealed to you through Daniel's prayer.**
- 5. Forgive anyone who Holy Spirit brings to your mind who has offended you. If you need to talk to them, make a plan to do so.**
- 6. Receive the forgiveness of the Lord available to his people through the cross of Jesus and his shed blood.**
- 7. Thank the Lord for his goodness and constant investment in your life.**
- 8. Intercede for yourself, your family, friends, city and nation. Like Daniel,**
- 9. Ask God for his mercy to be revealed in tangible ways.**

Week # 2

“Cause Your face to shine...God” –Daniel 9:17; Revelation 1:4-9, 12-18

Daniel asked God to turn his face toward Judah and the temple in Jerusalem, which had been destroyed by Babylon. He was asking God to favor his people again by shedding the light of revelation on his people.

Spend the week asking God to shine his face on you and your church community. Read through John the Apostles descriptions of Jesus in Revelation 1 asking God to shed the light of Christ in your heart in a deeper way.

RESPONSE

Take this week to focus on the attributes of Jesus as described in Revelation 1 (or other biblical descriptions of Christ).

- 1. Thank (express gratitude) God for revealing Jesus in the various ways he shows you, writing down the particular attributes of Christ revealed to you.**
- 2. Agree with what is revealed to you.**
- 3. Ask God for help to work into your life the beauty of Christ you see.**
- 4. Intercede for others asking God to shine his face on their lives.**

Week # 3

“Skill to understand...” –Daniel 9:22

As Daniel was interceding for his people he was visited by an angel who was sent by God to give Daniel greater skill to understand God’s eternal purposes.

RESPONSE

As you pray this week for breakthrough, your family, church, ask God for prophetic insight and greater skill to understand.

- 1. Ask God for a spirit of wisdom and revelation regarding his word and the timing of his promises.**
- 2. Ask God to touch those who you are praying for with the power of the Holy Spirit**
- 3. Intercede for your city, church, nation, and for Israel for a greater breakthrough in the power of the Holy Spirit**
- 4. Intercede for Arise 2019**
- 5. Record your impressions and continue to pray over them after the fast. Add these impressions to your prophetic history as Holy Spirit would lead you.**

Daily Calendar

Monday 30/9	Tuesday 1/10	Wednesday 2/10
Thursday 3/10	Friday 4/10	Saturday 5/10
Sunday 6/10	Monday 7/10	Tuesday 8/10
Wednesday 9/10	Thursday 10/10	Friday 11/10
Saturday 12/10	Sunday 13/10	Monday 14/10
Tuesday 15/10	Wednesday 16/10	Thursday 17/10
Friday 18/10	Saturday 19/10	Sunday 20/10

At the beginning of each day, ask God for one scripture to focus on during the course of the day and write it in the given space.

**For more information on
Witbank House of Prayer Missions Base
got to**

www.witbankhop.co.za

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